

DERINYA BASKETBALL CLUB

NEWSLETTER



Important News!

- **Reminder : Mid-season break for 2017/18.**

The last games for this year are:

- Saturday's: December 16th 2017
- Weekdays: Week starting December 18th 2017

The first games for next year

- Saturday's: February 3rd 2017
- Weekdays: Week starting January 15th 2017

- **Frankston Stadium Closed.**

The FDBA is closed from December 22nd 2017 to January 7th 2018.

Coaches Corner

FREE!

Open to all coaches and parents.

- Thursday December 14th 2017 from 7:45pm, Derinya Basketball Club is hosting a 1.5-hour training session for coaches and/or parents interested in spending time training their child.
- During this meeting a coach will be demonstrating fundamental basketball skills you can be teach your child on how to be a better player.

- Register your interest by emailing secretary@derinyabasketball.com.au

- Everyone is welcome!



Players Corner

Triple Threat!

A fundamental for every basketballer of all abilities. Regardless of whether you are a beginner or NBA player, the "Triple Threat" position is a must. It prepares a player for either a shot, pass or dribble while protecting the ball.

- Feet should width apart, knees bent
- Hold ball with two hands into the hip
- Head and eyes up looking at the play

For a demonstration, try this short video on "YouTube":

- <https://www.youtube.com/watch?v=VVDZz9eShDs>



End of Year Funny!



They are good at travelling!



Frankston Blues

Congratulations to the following girls who tried out for and qualified as a Frankston Blues representative player:



- Sophie A
- Willow B
- Jordan P
- Rachel S
- Sophie W
- Summer W

Frankston Blues

Congratulations to the following boys who tried out for and qualified as a Frankston Blues representative player:



- Xavier B
- Harry C
- Luke D
- Reilly D
- Owen D
- Sonny F
- Benjamin H
- Lucas J
- Ryan K
- Blake K
- Mitchell O
- Lachlan R
- Aiden W
- Oliver W

Frankston Stadium update

Frankston City Council walks away from helping the FDFA



Read more about the FDFA stadium development and Frankston City Council here:

• <http://fdba.com.au/facility-upgrade-update/>

Merry Christmas and Happy New Year!

Have a safe holiday.

The Derinya Basketball Club wishes all parents and children a safe and enjoyable break over Christmas. See you in the New Year!

